



UK Government

An introduction to **Looking for work** if you are disabled

**Easy
Read**



**job
help**

We'll help
you find it

Contents

1



Department
for Work &
Pensions

Introduction

Page 3

2



Access to Work

Page 4

3



If you do not have a job

Page 6

4



When looking for a job

Page 7

1

Introduction



Applying for a job can be hard if you have a disability or long-term health condition.



This can be a cause of worry for some people.

However, there is support available to make it easier and help you apply for a job.

2

Access to Work



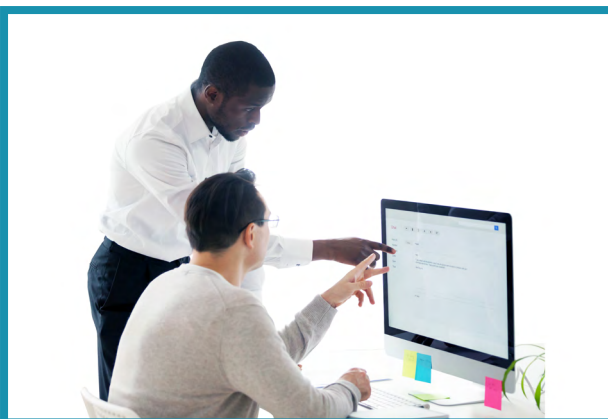
Department
for Work &
Pensions

Access to Work is support you can get from the Department for Work and Pensions.

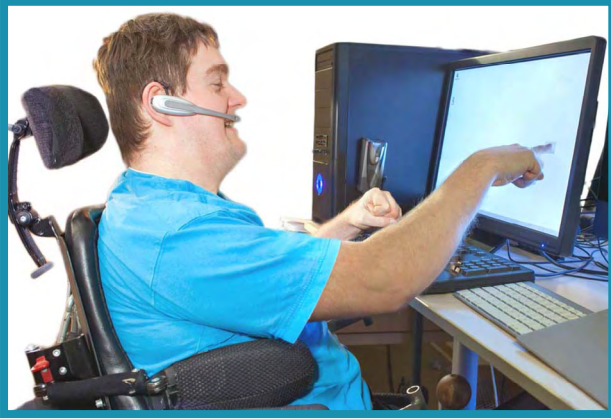


This could include money known as a grant.

You would not have to pay the money back.



If your disability makes it difficult for you to do certain types of work, you can get extra support.



For example, we can support you to:

- Travel to work
- Answer questions at an interview
- Get special equipment to make your job easier.

For more Easy Read information on Access to Work, go to www.gov.uk

Search for **Easy Read Access to Work**.

To apply for Access to Work, go to www.gov.uk/guidance/apply-for-communication-support-at-a-job-interview-if-you-have-a-disability-or-health-condition-access-to-work

3

If you do not have a job



jobcentreplus

Department for
Work and Pensions

If you get Universal Credit and do not have a job, your nearest Jobcentre Plus office can support you in finding work.



A work coach can:

- Identify your skills and experience
- Help choose the right type of work for you.



Your work coach can also tell you about any special support programmes available to help you find a job.

4

When looking for a job



When looking for a job, you might see the Disability Confident badge.

This shows the employer supports people with disabilities into work.

For more information on Disability Confident, go to disabilityconfident.campaign.gov.uk

A screenshot of the "Find a job" section of the government's Find A Job website. The header is black with "Find a job" in white and "Sign in" and "Create account" in small white text. Below the header is a blue search bar with two input fields: "What?" (with subtext "for example job, company, skills") and "Where?" (with subtext "for example city, county or postcode"). Below the search bar is a white box with the heading "Apply for jobs" and the text "You can search for jobs without an account, but to apply you need to create an account or sign in." Below this text is a green button with the text "Create account >". At the bottom of the white box is the text "Already have an account? [Sign in](#)".

On the government's Find A Job website, you can search for employers with the Disability Confident badge.

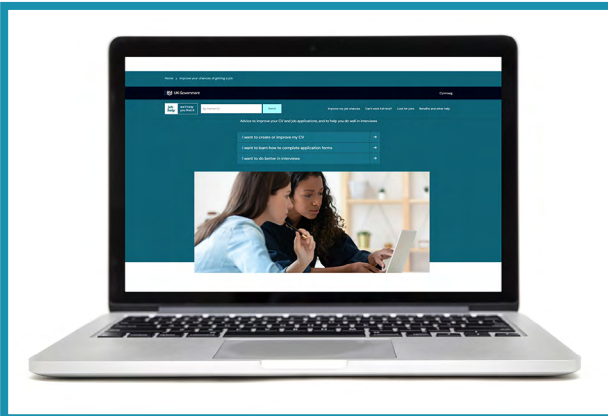
For more information on applying for jobs, go to findajob.dwp.gov.uk



Some industries will have more jobs than others. Read more about:

- Employers that are hiring
- Type of jobs available
- Skills you need.

For more information, go to jobhelp.campaign.gov.uk/sectors-recruiting



If you would like to create a CV and covering letter, go to jobhelp.campaign.gov.uk/improve-your-chances-of-getting-a-job/cv-job-applications-interviews



Sometimes your disability will mean you cannot work full-time.



Many employers offer flexible working which could include:

- Job sharing
- Part-time work
- Working from home.

For more information on flexible working, go to [jobhelp.campaign.gov.uk/ways-of-working-that-fit-around-you/flexible-working-main-menu](https://www.jobhelp.campaign.gov.uk/ways-of-working-that-fit-around-you/flexible-working-main-menu)



The Skills for Life website can support you to:

- Find new learning opportunities
- Get qualifications to improve your chances of finding work.

For more information about Skills for Life, go to www.skillsforcareers.education.gov.uk/pages/skills-for-life?



Contact your Universal Credit work coach, or ask in your local Jobcentre Plus office about what skills support you can get.

For more information on skills and training, go to [jobhelp.campaign.gov.uk/improve-your-chances-of-getting-a-job/skills-for-work-menu](https://www.jobhelp.campaign.gov.uk/improve-your-chances-of-getting-a-job/skills-for-work-menu)